

Foundations of Community Health through a Health Justice Lens

Public Health Communications Training # 5

Colleen Bridger, MPH, PhD

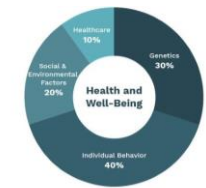
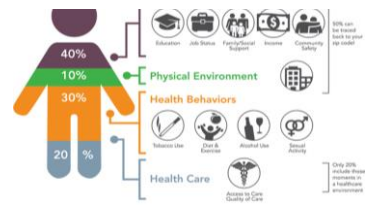
El Dorado County Public Health Department, October 2022



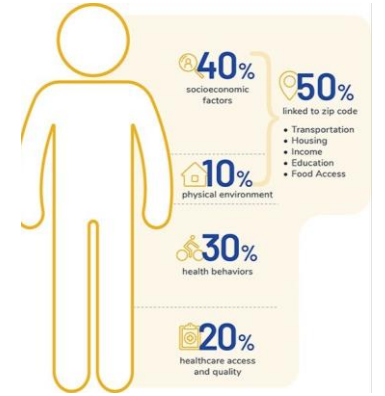


Public Health's Mission

**To Ensure the Conditions in which Everyone can
be Healthy**



Impact of Different Factors on Risk of Premature Death¹



Old Way: Social Determinants of Health

Foundation For Community Health

The health of our community is like a building—it depends on a strong and stable foundation. Every sector contributes to laying that foundation, and we all depend on its durability. Factors like steady employment, quality education, and safe housing form the base of a functioning society by supporting vibrant communities, strong economies, and long-lasting good health for everyone.

Foundations of Community Health (SDoH)

Two Perspectives:

Healthy People 2030

- Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

World Health Organization

- Social determinants of health are the conditions in which people are born, grow, live, work and age. ***These circumstances are shaped by the distribution of money, power, and resources*** at global, national, and local levels. ***Social determinants of health are mostly responsible for health inequities – the unfair and avoidable differences in health status*** seen within and between countries.

Healthy People 2030

Access to Healthy Foods
Access to Health Services
High Quality Education
Environmental Conditions
Health Literacy
Housing
Food Insecurity

Civic Participation
Crime and Violence
Discrimination
Employment
Incarceration
Poverty
Social Cohesion

Social Determinants of Health





Economic Stability

Goal: Help people earn steady incomes that allow them to meet their health needs

- Reduce the proportion of adolescents and young adults who aren't in school or working
- Reduce the proportion of people living in poverty
- Increase employment in working-age people
- Increase the proportion of children living with at least 1 parent who works full time
- Reduce the proportion of families that spend more than 30 percent of income on housing
- Reduce household food insecurity and hunger
- Eliminate very low food security in children

Education Access and Quality

Goal: Increase educational opportunities and help children and adolescents do well in school

- Increase the proportion of children with developmental delays who get intervention services by age 4
- Increase the proportion of children who are developmentally ready for school
- Increase the proportion of children who participate in high-quality early childhood education programs
- Increase the proportion of 4th-graders with math and reading skills at or above the proficient level
- Increase the proportion of 8th-graders with math and reading skills at or above the proficient level
- Increase the proportion of children and adolescents who get preventive mental health care in school
- Increase the proportion of high school students who graduate in 4 years
- Increase the proportion of high school graduates in college the October after graduating

Neighborhood and Built Environment

Goal: Create neighborhoods and environments that promote health and safety

Reduce the rate of young adults committing violent crimes

Increase the proportion of adults with broadband internet

Increase the proportion of schools with policies and practices that promote health and safety

Increase the proportion of people whose water supply meets Safe Drinking Water Act regulations

Reduce the number of days people are exposed to unhealthy air

Reduce health and environmental risks from hazardous sites

Reduce toxic pollutants released into the environment

Health Policy - Increase the proportion of people whose water systems have the recommended amount of fluoride

Reduce blood lead levels in children aged 1 to 5 years

Reduce the proportion of families that spend more than 30 percent of income on housing*

Reduce deaths from motor vehicle crashes

Increase the proportion of adults who walk or bike to get places

Reduce asthma deaths/hospital visits/attacks (7)

Health Care Access and Quality

Goal: Increase access to comprehensive, high-quality health care services

Adolescents	Cancer	Children	Community	Drug and Alcohol Use
Family Planning	Health Care	Health Communication	Health IT	Health Insurance
Oral Conditions	People with Disabilities	Pregnancy and Childbirth	Sensory or Communication Disorders	Sexually Transmitted Infections

Social and
Community
Context
Goal:
Increase
social and
community
support

Reduce anxiety and depression in family caregivers of people with disabilities

Reduce the proportion of children with a parent or guardian who has served time in jail

Increase the proportion of adolescents who have an adult they can talk to about serious problems

Increase the proportion of adolescents in foster care who show signs of being ready for adulthood

Increase the proportion of children and adolescents who communicate positively with their parents

Increase the proportion of children whose parents read to them at least 4 days per week

Increase the proportion of children and adolescents who show resilience to challenges and stress

Increase the proportion of adults who talk to friends or family about their health

Increase the health literacy of the population

Increase the proportion of adults who use IT to track health care data or communicate with providers

Reduce bullying of transgender students

Eliminate very low food security in children

PRIORITY RECOMMENDATIONS THE GLOBAL COMMISSION

The World Health Organization's Commission on Social Determinants of Health final report (2008) contains three overarching recommendations

- 1 Improve daily living conditions:**
the circumstances in which people are born, grow, live, work, and age

- 2 Tackle the inequitable distribution of power, money and resources:**
the structural drivers of those conditions of daily life
– globally, nationally, and locally

- 3 Measure and understand the problem and assess the impact of action:** expand the knowledge base, develop a workforce that is trained in the social determinants of health, and raise public awareness about the social determinants of health

World Health Organization

WHO SDoH Objectives

Income and social protection

Education

Unemployment and job insecurity

Working life conditions

Food insecurity

Housing, basic amenities and the environment

Early childhood development

Social inclusion and non-discrimination

Structural conflict

Access to affordable, quality health services

Power

WHO: “Tackle the inequitable distribution of power, money and resources”

VS

HP 2030: Civic Participation, Discrimination, Incarceration, Social Cohesion

Social Cohesion: WHO

Create	more socially inclusive places and spaces through a variety in spatial planning, such as in land parcel size, forms of land tenure, and size of housing
Develop	a common vision for social cohesion and health equity by adopting a people-centred “right to health” framework that includes the right to access, use and transform urban environments
Ensure	cleaner air through implementing interventions in polluting sectors
Provide	well-managed water, sanitation and hygiene facilities, adequate waste management and access to safe and healthy food
Ensure	access to affordable housing

Social Cohesion: HP 2030

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Health Justice

Social Justice - equal rights and equitable opportunities for all.

Health Equity - assurance of the conditions for optimal health for all people. Achieving health equity requires valuing all individuals and populations equally, recognizing and rectifying historical injustices, and providing resources according to need.

Social Justice + Health Equity = Health Justice

Health Justice-“The attainment of health equity, actualized when structural factors no longer determine health outcomes. Health justice is reached when ***all people possess the economic, social and political power*** and resources to make decisions about their bodies and health...”San Francisco AIDS Foundation

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What is Public Health Doing Here?

Civic Participation

Crime and Violence

Discrimination

Employment

Incarceration

Poverty

Social Cohesion

Is Health Justice Possible?

Maybe –

If we actively work to create upstream, population based interventions to ensure all people possess the economic, social and political power and resources to make decisions about their bodies and health

Civic Participation

Crime and Violence

Discrimination

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Small Group Exercise-

Mental Health and Substance Use is your Health Priority

Within the HP 2030 framework, Find 3 objectives we can adopt and adapt to create ***“...upstream, population based interventions to ensure all people possess economic, social and political power...”***

[Mental Health and Mental Disorders - Healthy People 2030 | health.gov](https://www.health.gov/our-priorities/mental-health-and-mental-disorders)

- Group 1: General through Children
- Group 2: Health Care through Violence Prevention



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Questions?

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